



# Girls Packing List

PLEASE MAKE SURE TO LABEL ALL ITEMS BROUGHT TO CAMP  
PLEASE MAKE SURE YOU BRING ENOUGH CLOTHING FOR 12 DAYS.

## Clothing

- 1 sunhat
- 4 skirts
- 2-3 dresses or Shabbos outfits
- 1 heavy jacket or sweater/sweatshirt
- 16 pairs of knee socks
- 16 sets underwear
- 1 bathrobe
- 4 pairs pajamas: 2 flannel, 2 light
- 1 light sweater
- 8-10 blouses/tops (1 white)
- 1 bathing cap - fluorescent pink (**deep water swimmer**) or green (**shallow swimmer**)
- 2 bathing suits - 1 piece style only
- 1 tznius beach coverup to walk to lake
- 1 pair slippers
- 1 pair beach shoes
- 1 pair walking shoes and sneakers
- 1 pair leggings to wear under skirt for ropes and rafting only
- 1 pair rain boots, raincoat & rain hat
- 1 pair Shabbos shoes
- 1 pair sweatpants to wear under skirts
- 1 long sleeved smock, old robe or outfit to ruin while working in the Art room
- For boating: 1 long shirt (long sleeves and covers elbows)

## Seforim

- 1 siddur

## Toiletries

- 2 bath towels
- 2 beach towels
- 2 face cloths
- 1 laundry bag
- 1 hairbrush & comb
- 2 bars soap & container
- shampoo
- 1 toothbrush & toothpaste
- 1 deodorant
- 1 plastic cup

## Bedding

- pillow (important)
- 2 heavy woolen blankets
- 1 sleeping bag (preferably dark colour)
- 4 sheets (preferably 1 flannel)
- 4 pillow cases
- Mattress protector

**WRITE DOWN HOW MUCH YOU SENT AND TAPE THIS PAPER INSIDE YOUR LUGGAGE.**

Please do not bring expensive jewellery or electronics to camp. Camp is not responsible for them.

## Miscellaneous

- Pens & pencils, postcards, prepaid phone cards, stationary, flashlight, insect repellent containing proper percentage of deet, air tight sealed container for food stored in the bunk, sunglasses, sunhat & sunscreen lotion, knapsack optional, camera with name label attached, safety pins to pin socks together for laundry, extra pair of glasses, Canadian stamps
- Cell phones, electronic devices with internet or video access are **not** permitted in camp and will be confiscated. Camp is not responsible for valuables i.e. digital cameras, hand held electronic games. Absolutely no old fans, or multi plug adapters, or extension cords may be used at camp as this poses a "sakana" to the entire camp population.

**FOODS CONTAINING NUTS OR PEANUTS ARE NOT ALLOWED IN CAMP.**

- Skirts must reach below the knees at all times.
- No clothing should be too tight.
- No slits on skirts, even below the knee.
- All shirts should have high enough necklines to cover the collarbone and around the entire neckline.
- Sleeves should cover the elbows at all times.
- Shirts must reach over the waistband of the skirt at all times, even during sports.
- No crocs, slippers, robes or maxi dresses will be allowed in the dining room on Shabbos.
- Knee socks, stockings or short socks worn over stockings are permitted. Socks must be worn to the lake
- No coloured or clear nail polish may be worn.
- Campers can only go to the lake with appropriate attire over their bathing suit, such as a robe or cover up covering the knees and elbows.

**PLEASE REFER TO THE PARENTS' GUIDE FOR THE FULL LIST OF TZNIUS GUIDELINES**